

Scrotal Surgery

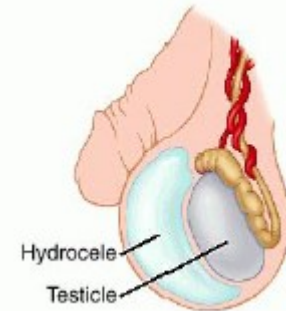
Epididymal cyst removal / Hydrocele

Definition

Scrotal surgery is performed for removal of epididymal cysts and/or hydrocele.

Epididymal cysts are fluid filled sacs arising from the epididymis (sac attached to testis which stores sperms).

Hydrocele is a collection of fluid in the layers covering the testes.



Procedure

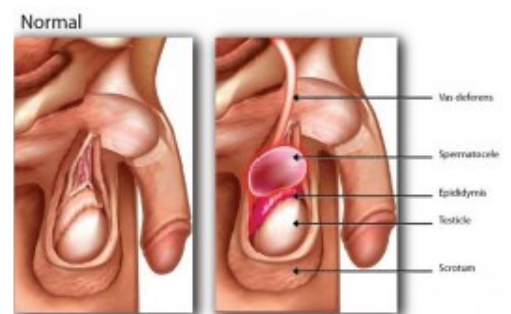
After a general anaesthetic, a midline scrotal incision is made and the cyst or hydrocele are removed.

Post-Operative Care

You will be discharged from hospital the same day as your procedure.

For the first 48 hours:

- Rest and avoid constipation by drinking lots of water to flush your kidneys and bowels (stool softeners not required).
- Do not participate in labour intensive work or exercise.
- Use ice packs to help with swelling (do not apply directly to skin)
- Use scrotal support ie firm fitting underwear
- Stiches are dissolvable and should be completely dissolved within 14 days.



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Common side effects include:

- Pain which can be managed with Paracetamol or Nurofen

Uncommon side effects include:

Seek medical attention through Toowoomba Specialists, your local GP or your local Hospital's Emergency Department.

Note: If you take blood thinners, please DO NOT take any further doses until you have sought medical attention.

- Fevers, chills, shakes or tremors
- Unmanageable pain

Discharge Planning

Patients can be discharged once reviewed by Dr Desai.

Please check with Dr Desai as to when to restart taking your usual medication and blood thinners.

Follow up

You will receive an aftercare phone call from Dr Desai's rooms within 2 weeks of your procedure.

You will also be required to attend a face to face appointment with Dr Desai 3-4 weeks after your procedure. Please contact the rooms to arrange this.

For any concerns, please contact Toowoomba Specialists during business hours or St Vincent's Private Hospital Toowoomba after hours.