

Vasectomy

Definition

This is a permanent sterilisation procedure for men.

Procedure

After a general anaesthetic, the tube which carries sperms (vas) will be disconnected using a small skin split on the scrotum (ball sack).

Post-Operative Care

You will be discharged from hospital the same day as your procedure.

For the first 48 hours:

- Rest and avoid constipation by drinking lots of water to flush your kidneys and bowels (stool softeners not required).
- Do not participate in labour intensive work or exercise
- Use ice packs to help with swelling (do not apply directly to skin)
- Use scrotal support ie firm fitting underwear

Practice contraception till given all clear from Dr Desai at your 3 month semen analysis.

Common side effects include:

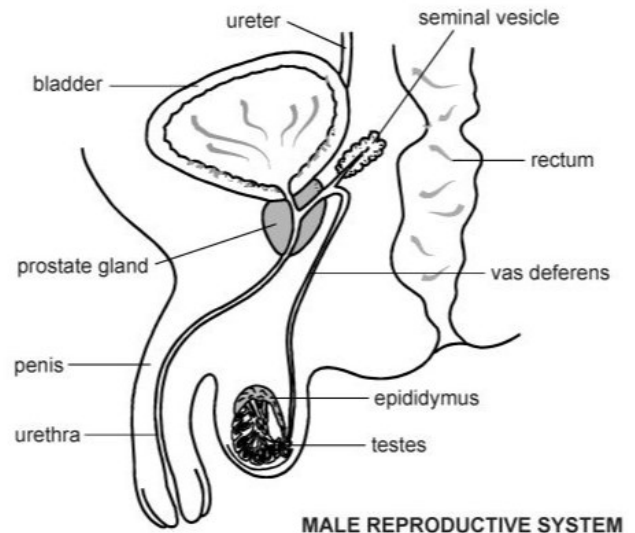
- Pain which can be managed with Paracetamol or Nurofen

Uncommon side effects include:

Seek medical attention through Toowoomba Specialists, your local GP or your local Hospital's Emergency Department.

Note: If you take blood thinners, please DO NOT take any further doses until you have sought medical attention.

- Fevers, chills, shakes or tremors
- Unmanageable pain



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Discharge Planning

Patients can be discharged once reviewed by Dr Desai.

Please check with Dr Desai as to when to restart taking your usual medication and blood thinners.

Follow up

You will receive an aftercare phone call from Dr Desai's rooms within 2 weeks of your procedure.

You will also be required to attend a face to face appointment with Dr Desai 3 months after your procedure with a semen analysis. Please contact the rooms to arrange this.

- Due to the nature of a vasectomy procedure, please ensure you have thorough understanding of the 3 month semen analysis guidelines and what it entails for an accurate test. If the test fails, it will need to be repeated.
Please contact the rooms with any queries.

For any concerns, please contact Toowoomba Specialists during business hours or St Vincent's Private Hospital Toowoomba after hours.